

Sample of Payment and Insurance Reimbursement Language

Zur, O. (2007). *Boundaries in psychotherapy: Ethical and clinical explorations*. Washington, DC: American Psychological Association.

Payments and Insurance Reimbursement:

Patients are expected to pay the standard fee of \$150.00 per 60 minute session at the end of each session, unless other arrangements have been made. Telephone conversations, site visits, report writing and reading, consultation with other professionals, release of information, reading records, longer sessions, travel time, and so on will be charged at the same rate, unless indicated and agreed upon otherwise.

Please notify Dr. ____ if any problems arise during the course of therapy regarding your ability to make timely payments. Patients who carry insurance should remember that professional services are rendered and charged to the patients and not to the insurance companies. Unless agreed upon differently, Dr. _____ will provide you with a copy of your receipt on a monthly basis, which you can then submit to your insurance company for reimbursement if you so choose. Patients must be aware that submitting a mental health invoice for reimbursement carries a certain amount of risk and that not all issues, conditions, or problems that are dealt with in psychotherapy are reimbursed by insurance companies. It is your, the patient's, responsibility to verify the specifics of your coverage. If your account is overdue (unpaid) and there is no written agreement on a payment plan, Dr. _____ can use legal or other means (e.g., small claims court, collection agency, etc.) to obtain payment.